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## **Client Consent Form**

### **Informed Consent to Acupuncture Treatment**

The purpose of this form is to receive informed consent to treatment, from you the client, for acupuncture therapy and the general use of Traditional Chinese Medicine techniques (including: moxibustion, gua sha, cupping, bodywork, and dietary recommendations.)

Reason for visit or consideration for treatment by acupuncture is (e.g. arthritis in hands, low back pain, pain, or condition requiring treatment ( for example neck pain, PMS, sciatica, insomnia etc.) Please Print Here.

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1. Acupuncture is a modern clinical therapy with ancient roots in the traditional medicines of China and other Asian countries. It is an alternative and or adjunctive therapy used to compliment Western Medical Treatment.

2. Acupuncture and Traditional Chinese Medicine (TCM) are not substitutes for Western Medical, Diagnosis, and Treatment. You should always consult your General Practitioner, Physician, or specialist for all serious conditions. You may be requested to visit your Doctor to rule out serious illness before further TCM treatment can be administered. Although acupuncture can control pain and its goal is to treat the root cause of illness it could mask more serious illness.

3. Only a Medical Doctor or Doctor of Naturopathic medicine has the authority to communicate a diagnosis. Traditional Chinese Medicine has a different and holistic conception of the mind and body as compared to Western Medicine. Therefore any reference to diagnosis is within the system of TCM and is only an assessment.

Please feel free at any time to ask for clarification of anything your therapist communicates to you about your condition or treatment.

4. Acupuncture while generally painless is associated with common needle sensations such as temporary numbness, feelings of distention, heat, cold, or electric like sensations. These sensations may be felt locally around the site of the needle or another part of the body far away from the needle sight.

5. Treatment results and reactions may vary; some people feel very calm after and during treatment, others may feel sleepy, energized, or slightly light headed. Severe reactions such as dizziness, nausea, extreme fatigue, swelling, or severe bruising are not normal and should be reported immediately to the therapist or on the next visit. You may experience other more common treatment reactions such as headache, slight fatigue or sleepiness, muscle soreness, or slight emotional upset or release. Your symptoms may be relieved, worsen temporarily, or shift to another part of the body (e.g. pain in the right shoulder might move to the other side or even an old injury sight like the low back or shoulder blade). All three of these are favorable signs as long as they are not too severe. This is referred to as the healing crisis and is a common positive part of the healing process. It may include